



LEAD Girls 2026-2027 Flagship Program

LEAD Girls programs align with the school district's social-emotional support goals. Our trained facilitators use an evidence-based, culturally responsive, trauma-informed curriculum based on research and age appropriateness.

Sessions & Topics

WEEK 1

Group Agreements & Icebreakers

WEEK 2

Pre-surveys & Icebreakers

WEEK 3

Introducing My Story

WEEK 4

Finding My Media Balance

WEEK 5

Relationships & Empathy

WEEK 6

Holiday Celebration

WEEK 7

Goal Setting: Exploring My Goals & Dreams

WEEK 8

Girls & Mental Health

WEEK 9

Feel it in the Frequencies

WEEK 10

Expressing Myself

WEEK 11

Seeing the Inner World

WEEK 12

Feuds, Followers, Fairness

WEEK 13

TBD

WEEK 14

End of Year Celebration

WEEK 15

Post-Surveys & Games