



LEAD Girls 2025-2026 Flagship Program

LEAD Girls programs align with the school district's social-emotional support goals. Our trained facilitators use an evidence-based, culturally responsive, trauma-informed curriculum based on research and age appropriateness.

Sessions & Topics

WEEK 1

Group Agreements &
Curriculum Icebreakers

WEEK 2

Pre-Surveys & Curriculum Icebreakers

WEEK 3

Connecting With Each Other

WEEK 4

Being My Own Friend First

WEEK 5

Expo @ WSSU

WEEK 6

Culture Clash

WEEK 7

Feeling Good About Myself

WEEK 8

Holiday Party

WEEK 9

Feuds, Followers, & Fairness

WEEK 10

Our Qualities, Our Strengths
& Story Capture

WEEK 11

Growth & Self-Care

WEEK 12

Taking Time to Relax

WEEK 13

Exploring My Goals & Dreams

WEEK 14

Post-Surveys &
Appreciation Celebration

WEEK 15

End of Year Celebration