

LEAD Girls Program will align with district social emotional support goals. Trained facilitators will use an evidence based, culturally responsive, trauma-informed curriculum based on research and age appropriateness.

<u>Session Dates</u>	<u>Session Topics</u> (*SEL indicates content heavily involves Social/Emotional Learning aspects)
Week 1	Connecting With Each Other (*SEL)
Week 2	Goals for My Future & Why I'm A LEAD Girl
Week 3	The Importance of Empathy (*SEL)
Week 4	Feuds, Followers, & Fairness
Week 5	Communication skills and dealing with authority figures
Week 6	Girls Rising Expo
Week 7	Stress and Stress Management
Week 8	Holiday party
Week 9	Inner Champion Inner Critic
Week 10	Goal Setting Part 2
Week 11	Friendship and Bonding
Week 12	The Story that is told- exploring dominant narratives

Week 13	How We are Defined- Intersectionality Part 1
Week 14	Promoting Connection- Intersectionality Part 2
Week 15	Community Violence
Week 16	Dealing with Loss & Grief & Girls and Mental Health (*SEL)
Week 17	End of Year Celebration

Other topics explored: A Focus on Bullying, Cyberbullying, and Hurtful Behavior, The Importance of Empathy, Social Media, Mental Health, and Allyship Cultivating Respect.

