

# 2024-2025 LEAD Girls Curriculum

LEAD Girls programs align with the school district's social emotional support goals. Our trained facilitators use an evidence based, culturally responsive, trauma-informed curriculum based on research and age appropriateness.

## Sessions & Topics

### **Week 1**

Intro to LEAD Girls

### **Week 2**

Icebreakers & Pre-Surveys

### **Week 3**

Connecting With Each Other

### **Week 4**

EXPO @ Forsyth Tech

### **Week 5**

Feeling Good About Myself

### **Week 6**

Importance of Empathy

### **Week 7**

HOLIDAY PARTY

### **Week 8**

Communication Skills  
& Dealing w/ Authority

### **Week 9**

Taking Time To Relax

### **Week 10**

Expressing Myself

### **Week 11**

Feuds, Followers, & Fairness

### **Week 12**

Growth & Self-Care

### **Week 13**

Exploring My Goals &  
Dreams/ Goal Setting

### **Week 14**

Post-surveys

### **Week 15**

End-of-year Celebration