

Equipping tomorrow's leaders today.



LEAD Program

Our LEAD Girls are leaders! Girls in our school-based and community-based programs experienced a big boost in their self-confidence. **Overall, after completing LEAD, nearly 1 in 5 girls felt they can do things as well as most other people.**

When girls learn to lead, they improve their conflict resolution, problem solving and communication skills. That means less fighting, more productive school time, and an all-around improved school experience.

Girls who participated in LEAD Girls programs during the 2022-2023 school year experience the same challenges as girls nationwide, according to the Youth Risk Behavior Survey¹.

¹The Youth Risk Behavior Surveillance System is a set of surveys funded by the US Centers for Disease Control and Prevention (CDC) that track behaviors that can lead to poor health in students grades 9 through 12. The surveys are administered every other year.

College Plans

92% of girls expressed a desire to go to college/university.

Setting future goals

94% of girls set goals in life they want to achieve, and feel sure they'll have a good life as adults.

Working hard in school

93% of girls reported trying to do well in school, and working as hard as they can in class.

Being promoted

97% of LEAD participants were promoted to the next grade level.

Serving as school and community leaders

77% participated in school and/or community leadership activities outside of LEAD.



LEAD Program Highlights

LEAD programming provided much-needed tools for success to girls within Winston-Salem in terms of awareness, perspective, communication, bullying/risky behaviors. Highlights of our success at each of our school-based programs and our community-based program show how LEAD equips girls make smarter choices that affect their lives now and into the future.

Middle Fork

38% more girls felt that they can do things as well as most other people.

21% felt less pressure to act a certain way to be liked, to be nice, or not to hurt another person's feelings.

Cook

33% fewer girls were involved in a physical fight.

23% fewer girls reported being "ganged up" against.

Philo-Hill

43% more girls felt happy most of the time.

36% more girls took a positive attitude toward themselves.

24% more girls were involved in clubs/activities other than LEAD.

Mineral Springs

50% more girls felt happy most of the time and were doing well at school.

50% more girls reported that they enjoy helping others.

33% more girls reported that they make friends easily.

Paisley

18% fewer girls felt left out of things by other kids who were being mean to them.

Community LEAD

33% more girls now believe it is their responsibility to improve the community.

Flat Rock

52% fewer girls engaged in bullying or ignored a kid on purpose.

40% more girls enjoyed their school.

Wiley

29% more girls gave an honest "no" to things they don't want.

31% fewer girls gave in and said "yes" when they didn't really want to.

25% fewer girls had damaged someone's property.

Crossnore

41% more girls reported being happy at their school.

30% fewer girls were a part of a group who "ganged up" and were mean to another kid.

Carver

At our high school pilot program from 2022-2023, **51% more girls reported giving an honest "no" to things they don't want.**