



G.R.I.T. Expo

Girls. Rising. Innovating. Transforming.

2020 IMPACT SNAPSHOT



5 sessions



8 experts



103 participants



SUMMARY

We virtually welcomed 83 girls and 20 parents to this year's G.R.I.T Expo. The participants rotated through 4 sessions and one parent conversation led by experts in each topic. This year's focuses were self confidence, financial wellness, creativity, communication, and mental and physical health. The girls and their parents learned skills in each of these topics through fun-filled, small group activities. We believe these skills and conversations support our mission of providing girls with the resources they need to become active leaders in their communities. We are creating future leaders and this expo, and our expert presenters helped us on this journey!



Mental Health (34 girls completed the survey)

- 100% of girls will use the tools learned to manage any stressful situations
- 100% of girls understand how important it is to take care of their mental health



Financial Wellness (35 girls completed the survey)

- 100% of girls have a better understanding of the Save, Spend, and Give model
- 100% of girls are confident they can make financial goals for themselves



Self-Confidence (35 girls completed the survey)

- 97% (34/35) of girls have a better understanding of what 'physical presence' looks like in various spaces
- 100% of girls have a better understanding of what 'non-verbal presence' looks like in various spaces
- 100% of girls have a better understanding of what their appearance says about them



Restorative Practices (36 girls completed the survey)

- 100% of girls have a better understanding of how to build healthy relationships
- 100% of girls have a better understanding of how to maintain healthy relationships
- At the Expo, 100% of girls learned language skills to address conflict in their relationships

Percentages reflect a total of 34 girls completing the survey